



20 WAYS TO CARE FOR THE PLANET AT HOME

- Turn off lights when you leave the room
- Turn off the heating and use extra layers
- Ditch the newspaper and read online
- Add a plant to your home
- Use cloths instead of paper towels
- Go make up free for the week
- Use recycled toilet paper
- Learn to sew a piece of clothing
- Don't use plastic bags at the supermarket
- Turn the water off whilst brushing teeth
- Turn off all devices at night
- Start timing your showers
- Drink water from the tap
- Create a vegetable patch in your garden
- Plant some seeds in your garden
- Eat locally over big supermarkets
- Put up a junk mail sign to reduce paper
- Use technology to make notes
- Hang wet clothes instead of the dryer
- Replace the bulbs with LED lighting

Tag your friends to take on the challenge!

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