



**THIS
GIRL
CAN**

**RUSU
YOUR
STUDENTS' UNION**

Monday 5th February

Women's Rugby Union

6:15-8pm

Sports Park Paddock

**Breakdance and
Streetdance**

6-8pm

Monterey Lounge

Tuesday 6th February

Yogalates

6-7pm and 7-8pm

Wessex Hall

Women's Football

7-8pm

Hockey Astro

Wednesday 7th February

Mixed Hockey

6-7pm

Hockey Astro

Quidditch

4-6pm

Sports Park Paddock

Thursday 8th February

Boat Club

12-1:30pm

RU Boat House

Netball

6:15-7:45pm

Sports Park Sports Hall

Jitsu

7-9pm

London Road Gymnasium

Self Defence

6:30-8pm

RUSU Boardroom

Friday 9th February

Women's Futsal

1-2pm

Sports Park Sports Hall

Jungle Body Workout

2-3pm

Sports Park Sports Hall

Saturday 10th February

Pole Fitness

12-3pm (drop in)

Sports Park Yoga Studio